

## **ABOUT SAFE FAMILIES**

Safe Families for Children is a network of families who are passionate about helping and caring for children and families in need; voluntarily opening their homes and taking in the children of a parent(s) who may be experiencing an emergency or crisis.

Designed to establish, extend and strengthen the community safety-net for families in need of assistance, Safe Families becomes an 'extended family' of support as an alternative to the state child welfare system and state custody.

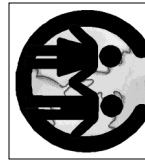
*If you are interested in joining the Safe Families community; desiring to serve as a Host Safe Family, a volunteer Case Coach, a Family Friend or in any way to assist children and families in need...please inquire at our Safe Families website:*

[www.safe-families.org](http://www.safe-families.org)

For the sake of these children and families who are experiencing a life crisis, join with us as we *cycle* in the north central countryside of McHenry Co., Illinois; to help raise awareness and services for families in need.

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*"God is a safe house for the battered, a sanctuary during bad times. The moment you arrive, you relax; you're never sorry you knocked."*



**LYDIA / Safe Families**  
Attn: Robb Rennix, CFSF Coordinator  
2323 South Sixth St.  
Rockford, IL 61104

**LYDIA / Safe Families**



## **CYCLING for SAFE FAMILIES**

*a fund-raising event  
to increase awareness & to assist  
Children & Families  
in Crisis*

**Sat. June 11th, 2011  
in Union, Illinois**

**FOR THE SAKE OF CHILDREN**

## **CYCLING for SAFE FAMILIES**

LYDIA / Safe Families

### **CYCLING for SAFE FAMILIES**

#### **THE RIDE...**

- Various route distances for the novice & seasoned cyclist:  
**5km (3.2mi); 10km (6.4mi);  
25km (16mi); 50km (32mi);  
75km (48mi); 100km (64mi)**

#### **REGISTRATION INCLUDES...**

- Cue sheet, map & route markings
- Centrally located rest stops with food & beverages
- Clean toilet facilities
- Roving support vehicles (SAG)
- Give-away bag

#### **SAFETY 1st, RESPONSIBILITY 2nd...**

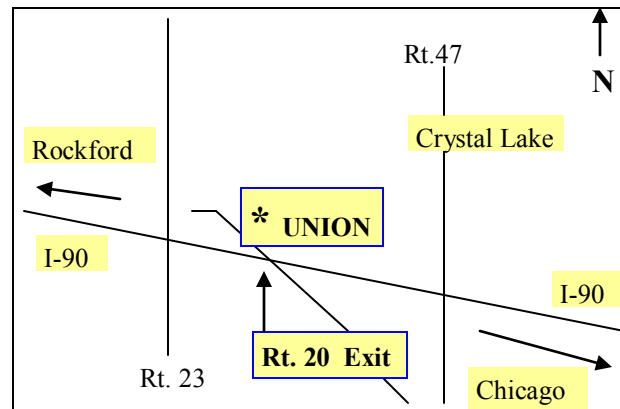
- Helmets are mandatory for all riders;
- Follow the rules of the road (no more than two abreast; obeying all traffic laws; respecting other riders, etc.);
- No headphones or headset radios;
- Bike essentials recommended (water bottle, sun screen, spare tube, etc.);
- Under 16 yr. old riders must be supervised by an adult;

You can also contact Robb at [rrennix@lydiahome.org](mailto:rrennix@lydiahome.org) for any questions and ride information. or call 815-978-8151.

All donations will go directly to the ministry of LYDIA/Safe Families.

#### **Ways to Participate:**

- Sponsoring a cyclist;
- Participating as a cyclist to raise donations, riding between **5 km (3.2 mi) to 100 km (64 mi);**
- Assisting with the Cycling for Safe Families planning & preparation;
- Volunteering during the ride (rest stops, first aid, post-ride meal, childcare, etc.);
- Praying & supporting Safe Families.



**For registration information about  
CYCLING for SAFE FAMILIES  
Visit our Registration site:**

**DATE:** Sat. June 11th, 2011

#### **LOCATION:**

St. John's Lutheran Church  
6821 Main Street  
Union, Illinois, 60180

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(14 miles west of Crystal Lake)  
(22 miles east of Rockford)  
(23 miles northwest of Elgin)  
(30 miles northeast of DeKalb)  
(42 miles west of Chicago/O'Hare)

**REGISTRATION: 8-9/am**

Waiver & Safety Pledge signed

**START/FINISH TIMES: 9am—3pm**

**REGISTRATION (online):**

<https://lydia.myetap.org/CyclingforSafeFamilies2011/>

**ENTRY FEES :** \$20/Adult (18 & up)  
\$15/Youth (8-17)  
\$60/Family Rate (4 or more adults/youth)

**POST-RIDE PASTA MEAL: 11am-3pm**

\$5/Adult or Youth (pay on day of ride)

<https://lydia.myetap.org/CyclingforSafeFamilies2011/>